

COULD YOU BE A STAFF MENTOR FOR A YOUNG PERSON?

STIRLING COUNCIL HAS MADE AN INCREDIBLE COMMITMENT TO STIRLING'S YOUNG PEOPLE! EMPLOYEES WILL BECOME MENTORS TO HELP SOME OF THE CITY'S MOST VULNERABLE YOUNG PEOPLE GET ON IN LIFE. MENTORS WILL MEET WITH THE YOUNG PERSON FOR ONE HOUR PER WEEK AND THOSE WHO DO WILL BE GIVEN PAID LEAVE BY THE COUNCIL TO TAKE PART

VOLUNTEER MENTORS WILL:

- Build a supportive relationship in an informal way with a young person to help them build confidence and access new opportunities
- Commit 1 hour a week to support a vulnerable young person
- Put the young person first
- Be non-judgemental and supportive in a fun and friendly way

VOLUNTEER MENTORS WILL:

- Learn new skills via our enhanced training programme. (5 sessions with ongoing training throughout the year).
- Meet new people, both young people and other mentors
- Receive tailored support from our Mentor Coordinator
- Enhance your CV
- Be able to give back to your community in a rewarding and enriching way

COULD THIS BE YOU?

CONTACT: MOLLY FEINMANN



TEL: 07384536333 EMAIL: FEINMANNM@STIRLING.GOV.UK

<https://www.stirling.gov.uk/social-care-health/childcare-family-care/mentoring-for-vulnerable-young-people/>



COULD YOU MENTOR

A YOUNG PERSON?

WHAT IS MENTORING?

Mentoring provides a young person (mentee) with a relationship with a reliable person who will put them first. This relationship will help the young person grow in confidence and through this access new opportunities and experiences. The Mentor Coordinator will work hard to match people together to ensure a positive bond is built. The mentor's key role is to become a reliable source of support for the young person they are paired with. The mentor is not adopting the role as a parent or guardian but someone who is there to offer a friendly and helpful listening ear.

As corporate parents, this helps us fulfil our Promise to Stirling's young people who have experience of care.

WHO ARE THE MENTEES?

Every young person is different and each will have different requirements and needs. For some care experienced young people, life may not have been easy and some of these young people have not experienced a consistent person who puts them first. As a result the young person may be struggling with accessing employment, further education, be low in confidence and in need of a supportive adult.

STIRLING COUNCIL HAS AGREED THAT

- Mentors will commit to meet their mentee for one hour a week and this can be included in your working week
- Reasonable travel time will be included.
- Expenses will be paid for both you and the young person.
- Those who take part will need their line managers approval.

WHAT DO YOU NEED TO DO

- Speak to your line manager to see if this is something they can support you to do
- Take part in the maximum 15 hours training sessions, these are not included in your working hours
- Commit to the project for at least one year

COULD THIS BE YOU?

CONTACT: MOLLY FEINMANN



TEL: 07384536333 EMAIL: FEINMANNM@STIRLING.GOV.UK

<https://www.stirling.gov.uk/social-care-health/childcare-family-care/mentoring-for-vulnerable-young-people/>

