

East Dunbartonshire House Project



For The Promise to have impact, Plan 21-24 A Good Childhood details priority actions for change including support, relationships and moving on. In collaboration with care experienced young people, East Dunbartonshire HSCP made a bid to the Life Changes Trust for funding to start a Local House Project. This bid was successful and the first group of young people started in February 2021.

East Dunbartonshire House Project aims to build upon the scaffolding required to provide young people leaving care with the opportunity to plan and prepare in a structured way to enter their tenancy, make them feel valued and reduce feelings of uncertainty and lack of control over their future. The Project also aims to provide young people with a community of support and the ability to build connections in their local area, reducing feelings of loneliness and isolation.

Through informal discussion and peer evaluation, our young people have been able to voice their experiences, views and propose actions for change. The referral and application process and subsequent programme of support also helps ensure that decisions about transitions for young care experienced people are based on individual needs and preferences.

Since February 2021, East Dunbartonshire House Project has supported nine care experienced young people into their own homes, and a further ten care experienced young people are currently working towards the same. Over the last year we have seen opportunities for our young people such as being part of the care leavers' national movement, taking part in a peer evaluation of other House Projects and presenting a pitch in-house for funding to support activities promoting mental health and wellbeing. Our young people have also held a virtual networking event, prepared and shared over 30 meals together and created an [animated film](#) about their Local House Project journey.

The Project programme includes monthly consultation sessions with a Clinical Psychologist to ensure the Project remains trauma informed. East Dunbartonshire House Project also has direct input from the local Housing Department and links with Who Cares? Scotland.

Feedback from East Dunbartonshire House Project young people includes;



East Dunbartonshire HSCP is committed to doing what is required to keep The Promise. Our Local House Project helps to demonstrate the planning and work taking place in conjunction with our young people to prioritise the aims of Plan 21-24 and A Good Childhood.