

History and Development:

Children and Young People's Mental Health and Wellbeing Joint Delivery Board

2017

Scotland's Mental Health Strategy





Scottish Government published its 10-year mental health strategy in March 2017, with the guiding ambition to ensure individuals ask once, get help fast, expect recovery and fully enjoy their rights, free from discrimination and stigma.

There are 40 key action points working to improve:
Prevention and early intervention; access to treatment, and joined up accessible services; the physical wellbeing of people with mental health problems; rights, information use, and planning.

[Mental Health Strategy 2017-2027 - gov.scot \(www.gov.scot\)](http://www.gov.scot)



2018

<p>Children and Young People's Mental Health Task Force</p> <p>The Taskforce was jointly commissioned by the Scottish Government and COSLA with the aim that children, young people, their families and carers should know that they are supported in good mental health and able to access services which are local, responsive and delivered by people with the right skills. The Taskforce investigated how to improve the way mental health services are organised, commissioned, and provided and how to make it easier for young people to access help and support when needed.</p> <p>Taskforce Report and Recommendations: [July 2019]</p> 	<p>Youth Commission for Mental Health</p> <p>The Scottish Government, Young Scot and the Scottish Association for Mental Health (SAMH) worked in partnership to deliver a 16-month Youth Commission on Mental Health Services - made up of young people aged 15 to 25, from different backgrounds and with a variety of experiences from across Scotland. This involved discussions and gathered evidence to develop recommendations to improve the experiences of young people when accessing mental services in Scotland.</p> <p>Youth Commission Report and Recommendations: [May 2019]</p> 	<p>Rejected Referrals Child and Adolescent Mental Health Services (CAMHS)</p> <p>Action 18 of the Mental Health Strategy committed to an audit of CAMHS rejected referrals, to investigate barriers and explore how to support appropriate referrals and further act upon these findings.</p> <p>Report and Recommendations: [June 2018]</p> 	<p>Child and Adolescent Mental Health Services (CAMHS) Audit Scotland Report</p> <p>Audit Scotland undertook a review of Child and Adolescent Mental Health Services in Scotland, reporting on: access to support, effectiveness of support for children and young people, resources and policy and strategic direction.</p> <p>Report and Recommendations: [September 2018]</p> 
---	---	---	---

2019

Children and Young People's Mental Health and Wellbeing Programme Board




The Children and Young People's Mental Health and Wellbeing Programme Board was established in August 2019 to mobilise and implement the recommendations developed from the above research, engagement and reports, through 9 key deliverables. **See: [CYPMHWB Programme Board Deliverables](#)**

In March 2020 the work of the CYPMHWB Programme Board was largely placed on hold due to Covid-19 restrictions and responding to the increased pandemic-specific mental health and wellbeing support needs for children and young people. The Scottish Government's [Mental Health Transition and Recovery Plan](#) outlines the Scottish Government's response to the mental health impacts of Covid-19. It addresses the challenges that the pandemic has had, and will continue to have, on the population's mental health. The Plan included the commitment to: In partnership with COSLA, review the deliverables, remit and membership of the Children and Young People's Mental Health and Wellbeing Programme Board in light of Covid-19

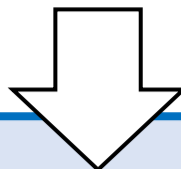
Meeting for a final time in December 2020, the original aims of the Children and Young People's Mental Health and Wellbeing Programme Board have either been achieved, or have evolved into refreshed and additional new deliverables of **The Children and Young People's Mental Health and Wellbeing Joint Delivery Board**.

Key Publications:

- [Community Mental Health and Wellbeing Framework](#)
- [CAMHS National Service Specification](#)
- [CYP Mental Health Knowledge and Skills Framework](#)

2020



2
0
2
1

Children and Young People's Mental Health and Wellbeing Joint Delivery Board

The **Children and Young People's Mental Health and Wellbeing Joint Delivery Board** was formed in Spring 2021 to continue to progress the revised aims of the Mental Health and Wellbeing Programme Board. The Joint Delivery Board will continue to focus on overseeing reforms to ensure children, young people and their families receive the support they need, when they need it, underpinned by the values, principles and components of [Getting It Right For Every Child](#), and responsive to local needs and systems.

The Joint Delivery Board will also consider the short and long term impact of Covid-19 on children and young people and ensure this is reflected in the overall work of the Board. Taking into account the changing needs of our communities, this will cover relevant areas of education, health, community and children's services and wider areas that impact on the mental health and wellbeing of children and young people. The Board will focus on prevention and early support as well as promotion of good mental health and the services children, young people and their families' access. The voices and experiences of children, young people and their families will remain central to decision making and service design.

There are **8 key deliverables** which have been carried forward, evolved from prior deliverables or been newly created to meet new and ongoing priorities and have been agreed by Scottish Ministers and COSLA leaders.

The deliverables include:

Deliverable (1) – Continue to enhance community based support from emotional wellbeing/mental distress through ongoing investment and support for local partnerships.

Deliverable (2) – Ensure crisis support is available 24/7 to children and young people.

Deliverable (3) – Support Mental pathways and services for vulnerable children and young people, aligned to the work of the Promise.

Deliverable (4) – Develop a support programme to enable the implementation of the CAMHS service specifications.

Deliverable (5) – Agree and support the implementation of a neurodevelopmental service specification/principles and standards of care.

Deliverable (6) – Developing a programme of education and training to increase the skills and knowledge required by all staff to support C&YP mental health.

Deliverable (7) – Work jointly with the Perinatal and Infant Mental Health Programme Board to consider what is currently available and what is required in the future to support the mental health and wellbeing of 3-5 year olds across Scotland, and produce recommendations for further action.

Deliverable (8) – Through a selection of appropriate media platforms we will ensure:

- Information on the work of programme board reaches stakeholders, young people, parents and families.
- Information on the interconnecting work of other boards reaches relevant stakeholders.
- Information on how to access mental health support is available to staff supporting children and young people.

Where appropriate the deliverables will be actioned by **Task and Finish Groups**. Membership of these groups is tailored to the specific deliverables, bringing together those best able to implement the necessary actions. These groups will also ensure that they connect with relevant Groups

The Joint Delivery Board is co-chaired by COSLA and The Scottish Government and is expected to run until December 2022.



Joint delivery Board Website: [Children and Young People's Mental Health and Wellbeing JDB](#)

- o **Terms of Reference:** [Terms of Reference](#)

2
0
2
2