

# A New Suicide Prevention Strategy for Scotland



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

ENGAGEMENT



September 2021

## *WHAT MORE CAN WE DO TO PREVENT SUICIDE IN SCOTLAND?*

For the last twenty years and more, there has been much work focused on supporting individuals, families and communities to develop support and services for those who are in such distress that they think about taking their own life and for those who are bereaved by suicide. But we still have a high number of suicides in Scotland so what more can we do?

To help us develop the next national strategy on suicide prevention, we want to hear from you as local people, groups and communities about what matters to you – whether that is how we address the factors which contribute to suicide, how we can be more confident about speaking about suicide, knowing where to get help if you or someone you know is thinking about suicide or what and when support is really needed for those affected by suicide. Now is **your** chance to contribute...

## *HOW YOU CAN HAVE YOUR SAY*

We will hold a series of online events which will be a mix of 'regional' and 'national' events. Regional online events will look into suicide prevention in the context of the area you live, where national online events will consider the Scotland-wide context.

There is the opportunity to attend either or both types of events – pre booking will be required.

You can also contribute via an [online questionnaire](#) which will be open from Monday 27 September 2021 until Sunday 21 November 2021.

Details of dates and times for the online workshops can be found on the next page of this flyer. Please note any of these may be subject to cancellation at short notice but you will be contacted as soon as possible if this occurs.

If you have any questions, get in touch: [contact@suicidepreventionengagement.scot](mailto:contact@suicidepreventionengagement.scot)

## HOW TO BOOK

Click on the time of the session you want to attend from the below lists and you will be redirected to the Eventbrite page to complete your booking.

<b>Regional Events</b>	
Please choose the region you think your local authority area falls into. If you would like support with this, please contact: <a href="mailto:contact@suicidepreventionengagement.scot">contact@suicidepreventionengagement.scot</a>	
<b>Region</b>	<b>Available Dates and Times</b>
Aberdeen and North East	Monday 4 October: <a href="#">15:00 – 17:30</a> Friday 8 October: <a href="#">10:00 – 12:30</a> Wednesday 3 November: <a href="#">13:30 – 16:00</a>
Edinburgh and Lothians	Monday 11 October: <a href="#">15:00 – 17:30</a> Thursday 14 October: <a href="#">13:30 – 16:00</a> Thursday 11 November: <a href="#">10:00 – 12:30</a>
Highlands and Islands	Friday 1 October: <a href="#">10:00 – 12:30</a> Thursday 7 October: <a href="#">15:00 – 17:30</a> Thursday 28 October: <a href="#">13:30 – 16:00</a>
Tayside, Central and Fife	Wednesday 29 September: <a href="#">10:00 – 12:30</a> or <a href="#">15:00 – 17:30</a> Monday 18 October: <a href="#">13:30 – 16:00</a>
Scotland South	Wednesday 6 October: <a href="#">10:00 – 12:30</a> or <a href="#">13:30 – 16:00</a> Tuesday 26 October: <a href="#">15:00 – 17:30</a>
Glasgow and Strathclyde	Tuesday 5 October: <a href="#">10:00 – 12:30</a> or <a href="#">13:30 – 16:00</a> Thursday 21 October: <a href="#">13:30 – 16:00</a>

<b>National Events</b>					
Split into Morning (10:00 – 12:30), Lunchtime (13:30 – 16:00), Afternoon (14:00 – 16:30), please click the one you would like to attend to be put through to booking.					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Week Commencing 27 September				<a href="#">Morning</a>	
Week Commencing 4 October	<a href="#">Morning</a>			<a href="#">Morning</a>	
Week Commencing 11 October		<a href="#">Morning</a>	<a href="#">Morning</a> <a href="#">Lunchtime</a>		<a href="#">Lunchtime</a>
Week Commencing 18 October				<a href="#">Morning</a>	
Week Commencing 25 October	<a href="#">Lunchtime</a>	<a href="#">Morning</a>	<a href="#">Morning</a>	<a href="#">Morning</a>	
Week Commencing 1 November		<a href="#">Morning</a>		<a href="#">Morning</a> <a href="#">Lunchtime</a>	<a href="#">Morning</a>
Week Commencing 8 November	<a href="#">Morning</a>	<a href="#">Lunchtime</a>	<a href="#">Lunchtime</a>		
Week Commencing 15 November	<a href="#">Lunchtime</a>	<a href="#">Lunchtime</a>	<a href="#">Morning</a>		
AN ADDITIONAL SESSION WILL BE HELD: <a href="#">SATURDAY 13 NOVEMBER (MORNING)</a>					